

Lewis & Clark Athletics 2009-10

SPORT	GRADE	START DATE	HEAD COACH
Cheerleading	7,8	August 24	Shannon Honeycutt
Volleyball	7,8	August 20	Nikki Johnson
Football (Light Wt.)	7,8	August 20	Scott Dew
Football (Heavy Wt.)	7,8	August 20	Ricky Appell
Cross Country	6,7,8	August 20	Jeff Kelley
Intramural Tennis	6	September 14	Kim Wilper
Intramural Volleyball	6	September 16	Kim Wilper
Wrestling	6,7,8	October 14	Fred Bartlet
Girls Basketball	8	October 14	Tammy Gay
Boys Basketball	8	January 4	Thom Baker
Intramural Girls & Boy Basketball	6	February 24	Kim Wilper Ricky Appell
Tennis	6,7,8	March 22	Kim Wilper
Track	6,7,8	March 22	Kerri Wilkens Lisa Churchman
Girls Basketball	7	March 15	Tammy Gay
Boys Basketball	7	March 15	Thom Baker
Ricky Appell Athletic Director <i>appell.ricky@meridianschools.org</i>			

FOOTBALL Schedule

August 19, 2009

Mandatory Parent Meeting 6:00 p.m. in Large Gym

Weigh In, Parent Consent Forms Signed, and Equipment Check Out

First Practice: August 20 3:00- 6:00pm Practice: August 20 - August 28 3:00-6:00pm

First Day of School: August 31 Schedule to be announced

PLAYERS NEED: Water, cleats, t-shirt, shorts

Spirit Packs \$25 Sold by Coach Appell at Parent Meeting

Note: Players must have 10 practices before allowed to participate in games.

Lightweight Head Coach: Mr. Dew

Heavyweight Head Coach: Mr. Appell

Volleyball

7th & 8th Gr. Girls

Starts August 20th

Get paperwork and practice information at Registration.

Cross Country

6, 7 & 8 Boys/Girls

Starts August 20th

Get paperwork and practice information at Registration.

Cheerleading

7th & 8th Gr. Girls

Starts August 24th

Get paperwork and practice information at Registration.